



February, 2023



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# 4-H Clover Chatter

Gallatin County

Cooperative Extension Service

Gallatin County  
395 US Highway 42 West  
PO Box 805  
Warsaw, KY 41095-0805  
(859) 567-5481  
Fax: (859) 567-5432  
Gallatin.ca.uky.edu

Hello All,

This month has always been a favorite of mine because of Valentine's Day. And as we all know, there are many ways to show love toward one another. Ways that express love toward others that come to my mind are: showing kindness, not judging, being respectful, a simple compliment, gentle words, a smile lending a helping hand, etc. This is what I see in the Gallatin County Extension 4-H Organization each day.

The Gallatin County Extension Office, 4-H, Family and Consumer Sciences, and Agriculture is kicking off a "BE Kind" campaign. As part of this campaign, we are challenging our youth, teachers, leaders, volunteers, and community to perform acts of kindness.

Examples include:

Smile.

Be polite.

When kindness is shown to you, pay it forward.

Give someone a genuine compliment.

Open the door for someone.

If you have the resources, buy someone a snack.

Treat others how you want to be treated.

Be grateful.

Show respect towards others.

Thank a teacher, veteran, and other service workers.

Ask if you can help.

Be kind and pay it forward!

Join us in this campaign. Showing kindness not only encourages others but will also encourage you as well!

Look throughout the newsletter for various clubs you can sign up for!

*Lora Stewart*  
Lora Stewart

CEA for 4-H Youth Development



## 4-H Livestock Club

The next meeting of the 4-H Livestock Club is **Thursday, February 16<sup>th</sup> from 6:00 – 8:00 p.m.** at the Gallatin County Extension Office. We will be making a toolbox that you can use with your animal etc. This is another entry in the fair. Please RSVP by calling 567-5481 if you plan on attending to make sure we have enough materials.



## DIAMOND ART



Learn a new art, diamond art! It is a mix between counted cross stitch and paint by numbers. With Diamond Painting, you apply thousands of tiny resin "diamonds" to a coded adhesive canvas to create shimmering Diamond Art. You will start with Diamond Art Stickers.

Grades 4 and up. Must have a permission slip to attend. Space is limited to the first 8.

**Date: Thursday, February 23**

**Time: 2:30 (afterschool)**

**Location: Family Resource Center**

Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Disabilities  
accommodated  
with prior notification.

On **Tuesday, February 21** after school until 3:45 will be our next **Cloverbuds Club Meeting for Kindergarten - Grade 2** of the school year.

Each month we concentrate on one 4-H category such as art, science, nutrition, etc.

This month, we will be learning about rockets and you will make your own eatable rocket this month. If your child is interested in staying, please look at the Family Resource Center newsletter for a permission slip.



### Embroidery Club



We will be starting a new Embroidery Club on **Monday, February 13<sup>th</sup>** starting at 3:30 at the Gallatin County Extension Office. Learn different stitches to make a picture. Please RSVP by February 9<sup>th</sup> if you have any questions or plan to attend. There is no cost to join.

**Date:** Monday, February 20<sup>th</sup>  
**Time:** 2:00 p.m.  
**Where:** Gallatin Co. Extension Office

Come join us to create your spring masterpiece! You do not have to be able to draw!

*This is eligible as an entry in the county fair!  
There is no cost but please RSVP by February 16<sup>th</sup>. Space is limited!*

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## 4-H is Fun

February we are going to Continue with kindness Month with a Kindness Painting. The next meeting on February 22<sup>nd</sup>. This is for grades 3-5. Please look at the Family Resource Center newsletter for permission slips. You must have a permission slip to attend.



## Sunflower with a Twist!

4-H Art Club

